# Me and my skills...

Tick the skills you feel you love and are good at, starting with your favourite three groups.



The Musicians

People who like playing, composing or simply being around music

- Performing
- Collaborating
- Practicing
- □ Recording
- Producing
- □ Improvising
- □ Orchestrating
- Singing
- Entertaining



The Actives People who enjoy anything to do with sport and leisure

- □ Exercising
- □ Exploring
- □ Well-being
- □ Sporting
- □ Adventuring
- □ Playing
- □ Dancing
- □ Organising
- Engaging
- □ Travelling



The Handy-Andies

People who enjoy using their hands, working with objects or tools, making, preparing and fixing things

- □ Building
- □ Repairing
- □ Making
- □ Crafting
- □ Administrating
- □ Cleaning
- □ Painting
- □ Tending
- □ Maintaining



The Creatives

People who love arts, words, language, being creative, innovating and using their imagination

- □ Inventing
- Creating
- Imagining
- Designing
- Changing
- Developing
- □ Connecting
- Drawing
- □ Visioning
- U Writing



The Suits

People who love being in the world of commerce and business

- □ Selling
- Persuading
- □ Fundraising
- □ Marketing
- □ Enterprising
- $\Box$  Leading
- □ Initiating
- Championing
- □ Promoting
- □ Risk-taking



### The Greenies

People who love nature, animals, the outdoors and/or caring for the environment

- □ Protecting
- □ Preserving
- □ Salvaging
- □ Planting
- □ Conserving
- □ Growing
- Regenerating
- □ Re-cycling
- ☐ Tidying
- □ Saving



### The Communicators

People who love relating to others including selling, motivating, educating, teaching, and negotiating

- □ Communicating
- □ Team working
- □ Teaching
- □ Presenting
- □ Listening
- □ Motivating
- □ Inspiring
- □ Managing
- Liaising
- □ Educating



#### The Thinkers

People who like to reflect, think, philosophise and make plans about themselves and others

- □ Reflecting
- □ Thinking
- □ Planning
- Learning
- □ Reviewing
- □ Researching
- □ Processing
- □ Reading
- □ Philosophising
- □ Observing



## The Mathematicians

People who love numbers, science and logic

- □ Accounting
- Evaluating
- □ Solving
- □ Analysing
- □ Forecasting
- ☐ Appraising
- □ Budgeting
- □ Financing
- Computing
- Systematising



The Carers People who like to help, cure or support others

- □ Helping
- □ Caring
- □ Sharing
- □ Supporting
- □ Understanding
- □ Mentoring
- □ Empowering
- □ Befriending
- □ Loving
- □ Assisting