

Listening to the right voice



Vision

Positive +

Listen to the people you know who are 'Confidence Builders' who believe in you, your potential and your dreams. They give you positive, imaginative and aspirational views on your vision. They may say...

What I really love about your ideas are...

You can make your vision bigger and bolder by...

I'd like to find out more about...

I can imagine you... and picture you...

Negative -

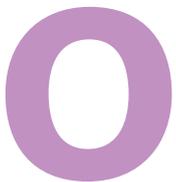
Avoid negative people who are set in their ways, fixed in their mindset and unable to think big. Watch out for people who may have a vested interest in what they believe is best for you. They may say...

I really don't think it's a good idea for you to...

Get real, that's a pipe dream

Our family/neighbours/community doesn't do things like that

There's no way in the world you'll amount to...



Obstacles

Reflect on what some of the 'Realists' in your circle of support say about the potential obstacles stopping you achieving your vision. Be honest with yourself, list the barriers and listen to their advice on how you can overcome them.

It's important you realise...

Some steps can help to overcome your obstacles, your first one could be...

If Plan A doesn't work, B,C and D could be...

If you work hard and want it enough you may...

Guard against listening to the negative people who make it their business to create reasonable excuses for not living their dreams and so don't want you to live yours. They can identify every problem, but provide no solutions.

You're not confident, experienced, talented, motivated, rich, old enough to...

I've absolutely no idea how you're going to...

I can't see how your plan is going to work

You might as well give up now



Ideas

Hear what those 'Creative Thinkers' you know have to say. These are the people who have the imagination, inventiveness, inspiration and ideas to help you overcome obstacles and make your vision a reality.

Why not gain some experience in...

What if you learned more about...

How about playing around with...

Have you thought about giving your time to...

Don't let your ideas be narrowed down by people who lack the creativity, enterprise and innovation to think outside the box. If you only listen to people who stuck doing what they have done forever and hate it, you may end up like that too.

There are no jobs in...

Why spend time learning more about...

I can't see the point of getting involved in...

I don't know why you'd do something for no money...



Contacts

Learn from the 'Connectors' in your circle of support, the natural communicators who are well respected and great at making contacts, building relationships and linking people together.

The people who can help you with... are...

The person in your ideal role is...

The organisations who value your skills are...

The people with similar values to team up with are...

Try not to hang around with the wrong people. The groups you spend time with will influence the choices you make, pathways you go down and potential you reach – you may not be able to choose your family members but be careful too when choosing your friends.

Do what we are going to do

You don't know them so stay with us...

Why show any respect to...

Nobody cares about you anyway



Experience

Act on the advice from the 'Role Models' you know who have either experienced challenges you are facing, are living parts of your vision or simply are a few steps ahead of you on your journey.

From my experience the first steps to take are...

Having some key goals and milestones can really help and I think yours should be...

Keeping up your resilience is really important and these things may help...

If you need any help, I'm there every step of the way.

Don't throw your hopes and dreams away by listening to that negative voice inside yourself saying I can't, I don't, I won't. Also avoid doing nothing by simply putting your actions off until 'someday sometime'.

I don't know where to even start so I may as well not begin it

I'll wait until tomorrow, next week, next month, year...

I'm scared of failing

I've got nobody who can help me