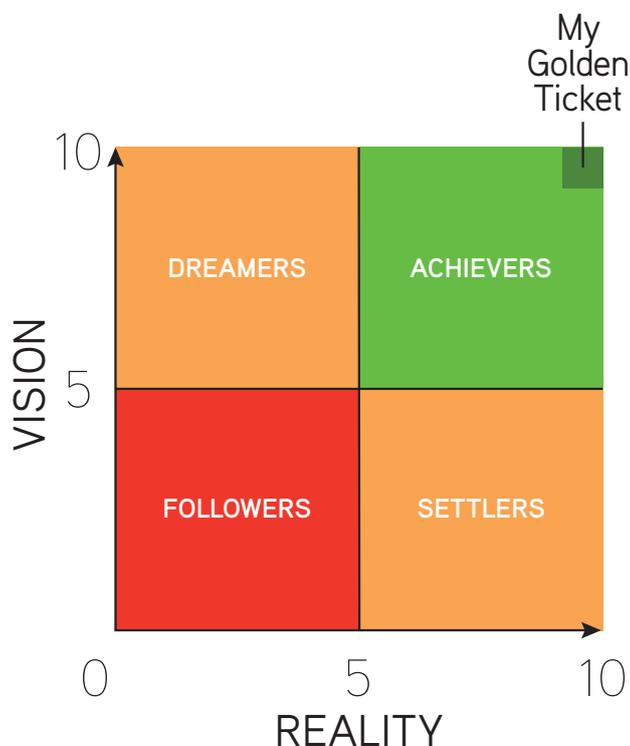


ican...
Realise it

Resources

Starting my journey

To start your journey towards your Golden Ticket it is important to plot where you are now by honestly answering the following questions.



Vision

Score yourself out of 10 as to how clear, exciting and meaningful is your vision for the future.

If your vision is really clear, you are excited by it and it means a lot to you then give yourself a 10. If you still feel unfocused about what you want to do and don't therefore feel excited by it, then score yourself lower.

Reality

Score yourself out of 10 as to how proactive you have been in making your vision a reality.

Give yourself a 10 if you have really stretched yourself and created meaningful experiences, opportunities, and encounters, or a lower score if you have not done anything, stayed in your comfort zone and waited for things to happen.

Use the scores to plot yourself on the map.

Followers

If you find yourself here you may be guilty of not having your own vision for the future but following others and taking very few proactive steps yourself. There may be a number of reasons for this but don't worry – find someone in your circle of support who can spend time helping you to take a few small steps to create that vision of your own and begin to make it a reality.

Settlers

Finding yourself as a settler can sometimes mean that you have not been brave enough creating your vision for the future. You may have a lot of potential but for a number of reasons have decided to settle for something less than you are capable of. Re-visit your Golden Ticket, perhaps with the help of someone who is creative and believes in you and make it bigger and bolder.

Dreamers

You may have a clear picture of where you want to go but have taken no action. If you don't create the right experiences, opportunities and encounters then your vision will remain just a dream and never a reality. There may be reasons why you feel you cannot take action so seek help and start with some small steps.

Achievers

You may have an exciting vision that you have taken practical steps to make real – well done for doing this. Remember though that this is an on-going process so build in time, perhaps with others in your circle of support who can help, to review your experiences and aspirations and keep updating your Golden Ticket so it remains relevant and meaningful for you.



Work it



Identifying my ideal job



Researching the job market



Identifying what employers want



Creating and tailoring my CV



Preparing for interviews



Gaining meaningful experience



Exploring apprenticeships



Starting my own business



Learn it



Knowing myself



Believing in myself



Creating my vision



Getting a mentor



Developing my skills



Choosing subjects I love



Achieving relevant qualifications



Learning from role models



Play it



Boosting my health and wellbeing



Creating environments that help me thrive



Joining new clubs and groups



Growing my network



Exploring different places



Focusing on what I enjoy



Spending time with positive people



Celebrating life



Give it



Helping my family



Supporting my friends



Exploring opportunities to volunteer



Volunteering



Setting up a charity



Speaking up for what matters



Being grateful



Thanking others

Personalised pathway

Where I want to be

Diagram showing the top row of a pathway. The right box contains an image of two gold tickets. The left box is empty. An arrow points from the right box to the left box. A curved arrow points from the bottom of the right box to the bottom of the left box.



Diagram showing the second row of a pathway. Both the left and right boxes are empty. An arrow points from the right box to the left box. A curved arrow points from the bottom of the right box to the bottom of the left box.

Diagram showing the third row of a pathway. Both the left and right boxes are empty. An arrow points from the right box to the left box. A curved arrow points from the bottom of the right box to the bottom of the left box.

Diagram showing the bottom row of a pathway. The left box contains a 2x2 matrix. The right box is empty. An arrow points from the right box to the left box. A curved arrow points from the bottom of the right box to the bottom of the left box.

10	DREAMERS	ACHIEVERS
5	FOLLOWERS	SETTLERS
0	5	10

Where I am now



Work it



Identifying my ideal job



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Identifying what employers want



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