

ican...
Do it

Resources

Common obstacles

Confidence

Find safe opportunities to try new things out, getting support from other positive people

Time

Create a plan prioritising what's important and urgent for you

Money

Calculate what money you have and seek advice about how you can make and save money

Motivation

Create an exciting vision and set targets, rewarding yourself when you achieve them

Support

Find role models and people who believe in you to build a supportive network to help

Commitments

Share your hopes with others, develop plans together, stay flexible but always be true to yourself

Mindset

Build on your strengths and achievements reminding yourself "i can" and keep going

Vision

Expose yourself to new places and opportunities continually redesigning your vision along the way

Fear

Learn and grow from any mistakes you may make, being brave and bold to keep going despite these

Experience

Be honest about where your gaps in experience lie and explore new options and opportunities to fill these



Plan A/B diagram

Plan A

The goal I've created is:

Plan B

The goal I've created is:

The people I need to connect with are:

The people I need to connect with are:

The actions that will contribute to this are:

The actions that will contribute to this are:

Keep it going

Having identified some first steps to take to begin to make your **Golden Ticket** real, the following hints and tips may be useful to keep you going.



Check your direction

Keep your Golden Ticket in a prominent place and regularly review and update it. Check whether the actions you are taking are still moving you in the right direction.

One step at a time

Be prepared to put in some interim steps to get you to where you want to go – trying to take leaps may be too much – try baby steps instead.

Stop along the way

Enjoy the scenery, the new landscapes, views and experiences – take time to see the bigger picture and celebrate the journey.

Travel with others

Sometimes the journey will feel a little less scary if you share it with someone who believes in you, shares your values or can help along the way.

Tell others what you are doing

Share your Golden Ticket with others – the more people that know about it, the more people can help.

Think about what you have learned so far

Learn from the up's and down's of your journey. Create alternatives, find solutions and stay flexible.