

ican...
Ask it

Resources

Maximising my circle of support



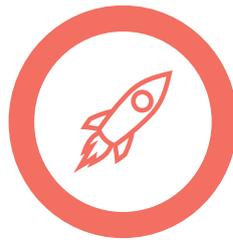
The support I need

Realists



- Overcoming personal obstacles
- Setting realistic goals and plans
- Gaining meaningful experiences
- Making the most of opportunities
- Developing Plan Bs

Confidence builders



- Believe in myself
- Identify my strengths
- Develop a positive attitude
- Take control and stay motivated
- Build my resilience to keep going

Experts



- Knowing the skills employers need
- Seeking advice, guidance or counselling
- Enhancing my skills and qualifications
- Tailoring my CV or personal statement
- Preparing for interviews

Role models



- Be inspired
- Learn more from their experiences
- Find out more about my ideal job
- Start my own business
- Make a difference in my community

Connectors



- Meeting new people
- Getting involved in clubs and groups
- Exploring new places, projects and possibilities
- Volunteering in my local community Growing my support network

Creative thinkers



- Creating a clear vision
- Connecting my skills and passions
- Thinking outside the box
- Generating bigger and bolder ideas
- Combining working, learning, playing and giving

Creative working conversations



How did you become a...?

Explore skills, qualifications and experiences required for their role.



What do you love most and least about your role?

Check whether this matches your skills, passions and values.



What opportunities and challenges do you see in the future?

Assessing the opportunities and potential risks for your chosen area.



What kinds of skills and expertise will be needed as a result?

Identify where your skills can add value and any areas for development.



Can you suggest anybody else I can speak to about...?

Try to get 2 or 3 names and their contact details. Ask for a referral.



If you were to give me one piece of advice, what would it be?

Always remember to say thank you and ask whether they mind keeping in contact. Follow-up with a hand written thank you card

Creative learning conversations



What have other people who have done this course gone on to do after they have finished?

Explore further learning and work options beyond this



What are the most exciting and interesting elements of this course?

Check whether this matches your skills, passions, and values



What will I see as the main differences between studying at school and studying at college?

Assessing the differences between learning in a school and a college environment and what that will mean for you



What skills and expertise will I have gained when I finish this qualification?

Understanding how this enables you to take your next steps towards making your vision a reality



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