

# Words of wisdom

## We contribute

Activity



# Words of wisdom We contribute

## Creating smiles that last

There are many creative ways to make older people SMILE in your community. The smallest action can make a huge difference. We can all leave our lasting legacy.

Having explored what you care about in your community and the combination of skills you have to offer, your challenge is now to create a SMILE which brightens up someone's day. This section will help you develop a creative plan to:

**Share** the skills you love for a purpose you care about in a  
**Meaningful** way that excites and interests you, which makes an  
**Impact** and leaves a  
**Lasting** legacy which engages  
**Everyone**

The following questions and prompts may help you create your own unique SMILES:



Share

We care about... and we'd like to help by sharing our skills in...

Highlight what you really care about and list the key groups of skills from your Party Group activity that you would really love to use both individually and as a group.

Example

"We really care about children who are unwell and the impact on their families and would like to brighten up their day by using our Creative, Communication, Caring and Handy-Andy skills."



Meaningful

Our most meaningful and exciting idea is to...

Think creatively about how you can combine your skills to meet the genuine need. Firstly create as many ideas as possible, then focus on those that excite you the most, that maximise your skills and can be achieved in the time and resources available.

Example

"We will create a fun magazine for children in hospital and paint a poem on a flower pot to help brighten their families day."



Impact

We hope to make a difference by...

Think about why your act of kindness would make people smile and the outcome it will produce. It could range from giving people hope, making people laugh, inspiring positive action and improving wellbeing.

Example

"We will give vulnerable and sad people hope and love by showing that we genuinely care for them."



Lasting legacy

We will keep the SMILE going by...

How are you going to leave a lasting legacy? This may include continuing the relationship over time, passing the challenge on to younger peers, involving more people and creating a ripple effect.

Example

"We will keep the smile going by sharing how the poem made us feel and then passing the poem on to others."



Everyone

People who can help us are...

List all of the people who can help support you and can get involved. These may range from family members, teachers and friends to local businesses, charities and volunteers.

Example

"We can make the magazine fun by interviewing the local DJ, getting a prize from a local restaurant, asking a parent who is a printer to produce copies for free and engaging a local artist to design it"

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Lasting legacy

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e

Everyone

People who can help us are...

We shall never  
know all the good  
that a simple  
smile can do.

Mother Teresa